



Turning 18 with a Disability

Making Informed Decisions

**Do I need to get
guardianship?**



IEP Team

When I turn 18, educational rights
will transfer to me.

My parents (or guardians) and I can use this time to
consider additional supports I will need.

Decisions

- ✓ Career and Education
- ✓ Health and Wellness
- ✓ Financial
- ✓ Where to Live
- ✓ Relationships and Friendships
- ✓ Community Involvement

Fears

- ✓ Being taken advantage of financially or in relationships
- ✓ Not understanding my healthcare needs
- ✓ Being isolated from my friends and community

*Not every young adult with a disability requires a legal guardian when they turn 18.
Many individuals are capable of making informed decisions on their own.*



(785) 233-4777 or
(316) 945-7747



Contactus@families-together-inc.org



Families-together-inc.org

**Everyone Needs Support
Sometimes!**



Supported Decision Making

Making Informed Decisions

The Individual



I maintain legal
decision making
ability



I decide what,
when, and how I
need support



I'm supported by
a team

My Team



I choose
people I trust



They help me
understand
information, issues
and choices



The ensure
decisions are
based my
preferences

How Can You Help?

- ✓ Assume I can
- ✓ Understand me and my preferences
- ✓ One decision at a time
- ✓ Let me change my mind
- ✓ Explore all options with me
- ✓ Let me make decisions about my life
- ✓ Understand what help I need
- ✓ Help me build my team

Additional Resources

Decide Kansas

www.idecidekansas.org

National Resource Center for SDM

www.supporteddecisionmaking.org

Kansas University on Developmental Disabilities

www.kansassupporteddecisionmaking.org

Families Together, Inc.

<https://families-together-inc.org/supported-decision-making/>

